



PMETH Leadership Journey: The Foundation



DAY ONE

- Leadership: Everything Else You Need to Know**
Intelligence and professional experience are only half of what you need to reach your fullest potential and leadership ability makes up the other half. You will learn that growth in this area is not automatic and why you must make a conscious effort to learn to lead.
- Exemplary Leadership Is Not Easy...**Which is one of the reasons we have so few great leaders. In this section you will learn other common leader pitfalls and how to avoid them.
- Integrity and Character** It is true that integrity alone won't make you a leader, but without integrity you will never be one. You will learn what it means to have integrity and the effects a lack of integrity can have on your team's morale and productivity.
- Valuing People** People are the principal asset of every company. Without them, there would be no company. Connecting with people, getting the right people around you and learning what you have to do to keep them—physically and mentally—is critical to meeting objectives.
- Credibility** People buy into the leader first, then the leader's vision. If you believe the messenger to be credible, then you believe the message has value. Learning what it means to be credible is critical if we want to be better than the competition.
- Change and Continuous Improvement** Why do we get new computers, other tangible assets and improve our products but keep the same policies and procedures in place for a decade? This course will highlight why we must look for ways to improve our internal (people) processes as well as our products.

DAY TWO

- Success at Work** What does it mean to be successful? Are you successful if you have a fancy title? Are you successful if you have a corner office? Are you successful if you make lots of money? Not quite. In this class, you will learn what admirable success really looks like.
- The Golden Rule** No matter how complicated people try to make it, there is only ONE rule that you have to live by to enjoy a long, prosperous life, and it is the Golden Rule. Learn why treating others the way you want to be treated will help you reach your goals.
- Managers vs. Leaders** Managers make sure the work gets done, which is critical. But leaders care about people, they care about doing the right thing and they inspire others to care. Which one are you?
- Trust, Vulnerability and Confidence** Trust is an important component in any relationship. To establish trust we have to be confident in our abilities and also show that we are human, fallible. How can we engender trust, while exuding confidence and vulnerability—at the same time? It's time to find out.
- Speak Up!!** In business and in life we are told “not to rock the boat”. Well that is horrible advice! In this class you will learn why it is imperative to rock the boat and ask the tough questions.
- Accountability for Results and Behaviors** Do you know someone who was fired for poor performance and was completely shocked when they got the ax? If so, someone wasn't doing their job. Learn why holding each other accountable and giving continuous constructive feedback is crucial to achieving and maintaining high performance.

In this class you will learn PMETH Principles™ and PMETHods™ that you can begin applying immediately that will help to ensure that you are getting the most out of your people. Make an investment in the most valuable asset you have and join Lisa in this enthusiastic and interactive workshop. Drawing from years of experience and using real life examples, Lisa is able to instantly make a connection with the participants. This two-day class includes several breakout sessions and exercises with ample time allotted for questions and have personal issues addressed. Don't wait!

Begin the PMETH Leadership Journey and increase your chances of achieving long-term sustainable success—Contact Lisa TODAY!

PMETH Consulting